

BARNSTABLE RECREATION WINTER PROGRAM BROCHURE 2018 / 2019

141 Bassett Lane, Hyannis, MA 02601 508-790-6345 <http://townofbarnstable.us>



**Program
Space is
Limited!**



RESIDENT REGISTRATION BEGINS:

TUESDAY, NOV 6, 2018

NON-RESIDENT REGISTRATION BEGINS:

TUESDAY, NOV 13, 2018

On-line (Begins 8:45 AM) Walk-in (8:45 AM-4:00 PM)



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In Case of an "Oops..."

Complete details of program policies, procedures and guidelines are omitted from the program brochure because of space limitations. Errors in days, times, registration requirements and fees may occur as well. We apologize for any errors that may occur in this brochure.

Thank you for your patience and understanding when these situations occur.

PROGRAM LOCATIONS

BHS = Barnstable High School, 744 West Main Street, Hyannis

BIS = Barnstable Intermediate School, 895 Falmouth Road, Hyannis

BU = Barnstable United Elementary School, 730 Osterville-W. Barnstable Road, Marstons Mills

CRB = Centerville Recreation Building, 524 Main Street, Centerville

HYCC = Hyannis Youth & Community Center, 141 Bassett Lane, Hyannis

WBCB = West Barnstable Community Building, 2377 Meetinghouse Way, Rt. 149, W. Barnstable



WEATHER CANCELLATIONS



Cancellations due to weather will be decided by the program coordinator as soon as possible. Phone calls will be made to schools and we will make every effort to post program

cancellations and closings on our Facebook and Twitter pages and email households with active email addresses. **Call 508-790-6345, Ext. 131 for updated cancellation information.**

CANCELLATIONS/CHANGES

We reserve the right to change class dates or times. We may also cancel classes due to low enrollment or other reasons beyond our control.

Barnstable Recreation Division



ANNUAL MEMBERSHIPS

\$20 Residents / \$40 Non-Residents

Ask about discounted Family Memberships!

100% of all fees benefit the programs we offer

- Walking Track
- Open Gym
- Game Room / Computer Lab
- Monthly Pasta Suppers
- Fun Tournaments & Prizes



Birthday Party at the HYCC!

Whether you are turning three or ninety-three, the HYCC is a great place to have your Birthday Party! Let us take care of everything, from the space, to the activities (ice skating, basketball, volleyball, game room), to the food, cake and ice cream.



Contact: Joe Izzo, 508-790-6345, x103, for more information about our affordable and fun Birthday Party Packages!!



WAYS TO REGISTER

www.townofbarnstable.us/recreation or www.townofbarnstable.us/hycc

- **On-line** registration is available beginning at 8:45 AM on the first day of registration (Residents - Tuesday, November 6, 2018/ Non-Residents - Tuesday, November 13, 2018) and then 24/7 each day after. You may log onto our online registration feature at www.townofbarnstable.us/recreation or www.townofbarnstable.us/hycc and click on the "On-line Registration" button. You will need a user name and password in order to utilize the online program registration system. Call the Recreation Office during regular office hours (M-F, 8:30AM-4:30PM) to receive your user name and password. We HIGHLY recommend that you sign into the online system a few days before registration to make sure your account is working properly. **Please be advised that our software system WILL NOT allow parents/ guardians to UPDATE the birth date, age, or grade of their child(ren). Please verify that this information is correct. If it needs to be changed, please contact the Recreation Division at 508-790-6345, or recweb@town.barnstable.ma.us** Unfortunately, if you do not randomly review your household account for accuracy, your child(ren) may be locked out of a program because of age/grade restrictions.
- **Walk-in** registration hours are Monday through Friday, 8:45AM to 4:00PM, at 141 Bassett Lane, Hyannis, MA 02601. If you choose to visit our facility to enroll in a program, you may download a registration form at www.townofbarnstable.us/recreation or www.townofbarnstable.us/hycc. For your convenience, printed forms are also available at 141 Bassett Lane, Hyannis, MA.

Payment in full must be received prior to the start of the program (MasterCard, Visa, Money Order, or Check payable to the Town of Barnstable).



If English is your second language, you can translate this brochure here:
<https://translate.google.com/?tr=f&hl=en>

RULES AND REGULATIONS

- Anyone using obscenities or a threatening manner will be asked to leave the facility and will be taken out of the program— NO EXCEPTIONS!
- Town of Barnstable is not responsible for any lost or stolen property at any of our programs.
- Barnstable Recreation follows regulations stating that participants are not allowed to wear jewelry while participating in sport activities.
- All times, dates, and programs are subject to change. Contact the Program Coordinator in charge of your program for any updated schedules or changes.
- Resident registration will begin **Tuesday, November 6, 2018.**
- Non-Resident registration will begin on **Tuesday, November 13, 2018.**
- Pre-Registrations, early sign ups, emails, mail ins and faxes are not accepted.
- Non-Resident fees are doubled unless otherwise specified.
- Registration is conducted on a first-come, first-served basis and age/grade guidelines are strictly observed. You may only register one household at a time.
- Proof of residency: Driver's license, Vehicle Registration or Personal Check. **PO BOXES ARE NOT ACCEPTED AS PROOF OF RESIDENCY.**
- Financial Aid is available for all qualifying applicants. To apply, complete and submit a Financial Aid form with your Tax Returns and ANY OTHER DOCUMENTATION EVIDENCING ASSISTANCE YOU ARE CURRENTLY RECEIVING such as Sec. 8, Disability, child support, etc.
- Financial Aid applicants must pay 50% of the program costs at the time of registration.
- Prior to the start of the program, refunds will be given minus a \$10 Administration fee.
- **REFUNDS ARE NOT ISSUED ON OR AFTER THE START OF THE PROGRAM. NO SWITCHING OF CLASSES WILL BE ALLOWED AFTER YOUR FIRST SCHEDULED CLASS OF THE SEASON.**
- Participants who are absent from a class will not be allowed to make up the class.



CONTACTS

*For details on any program, you can reach a staff member by calling
508-790-6345 during business hours (Mon-Fri 8:30 AM-4:00 PM)
or email any time using the following format:
firstname.lastname@town.barnstable.ma.us*

<u>NAME, TITLE</u>	<u>PHONE EXT.</u>
Patti Machado, Recreation Director.....	114
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## BARNSTABLE SKATE PARK

**Tuesday-Friday 3:00-8:00 PM    Saturday & Sunday 12:00-8:00 PM**  
**Monday Closed**

Open 'til November 18th. Located at the HYCC! We will not open or close early for rainy days/wet ramps. Come check out BSP's facelift! With new ramps and a new layout, it's like a whole new park! Admission to the park is free! Helmets must be worn at all times and can be rented for \$1 at the BSP skate shack located in the park. A signed waiver on file is needed to ride. See BSP staff for details. *Contact: Melanie Mimmo*





## AFTER SCHOOL PROGRAMS

**After School Program** **HYCC** **311002A&B** **FREE**  
**Grades 4/5 & 6/7** Monday—Friday November 26-March 8 2:30-5:30 PM  
 (No program on half days or school holidays). This structured after school program will offer a variety of recreational activities for children. Gym activities, games room tournaments, homework assistance, and special events. Transportation from BU/BIS and an after school snack are included.  
*Contacts: Mark Boardley or George Noonan*

**Half Day of Play** **HYCC** **211560-D-J & D1-J1** **\$30**  
**Grades 4/5 & 6/7** Dismissal-4:00 PM  
**December 4** Candle Pin Bowling **December 6** Movie **January 9** Sky Zone  
**February 13** Ten Pin Bowling **March 13** Movie  
 Open to BUES and BIS students. Students will be picked up by recreation staff in a red Recreation van parked in the lot by the entrance of the school. Parent pick-up will be at the HYCC Game Room at 4:00 PM. (Lunch is provided) *Contacts: Michelle Davies or Tim McGrath*

**Lego Engineering: Grades 4&5** **BU Room 135** **313650-A** **\$108**  
 Monday January 14–February 25 Dismissal –4:00 PM  
 Machine power looks at the uses of energy to power machines. We investigate wind power design, flywheels, gears, pulleys, and cams as we build land Yachts, cars and walking mechanisms. *Contact: Michelle Davies*

**UKSD** **After School Futsal Soccer Club BU** **320110-A** **\$65**  
 Monday January 28-March 11 Dismissal- 4:30 PM  
 (No program 2/18). Coach Docherty (UKSD) will be providing this 6 week indoor soccer program that is designed to maximize player participation by getting every player frequent touches of the ball. This sport presents many opportunities to score goals, it develops skills, requires fast thinking, and pin-point passing. It is an exciting game for children to play! *Contacts: Melanie Mimmo or email Coach Docherty doc@uksd.org*

**UKSD** **Futsal Soccer School** **BU** **320110-D-F** **\$65**  
 Monday January 28-March 11  
**Pre-K (ages 3-5)** 5:00-5:45 PM **Gr. K-1** 5:00-5:45 PM **Gr. 2-5** 6:00-7:00 PM  
 UKSD coaches will be providing this 8 week indoor futsal program that is designed to maximize player participation by getting every player frequent touches of the ball. This sport presents many opportunities to score goals, develops skills and concentrates on fundamentals. It is an exciting game for children of all ages to play! *Contact: Melanie Mimmo or email Coach Docherty at doc@uksd.org*

**Sunset Adventures: Grades 4&5**      **BU**      **313802-A**      **\$25**  
 Tuesday      December 11–January 29      Dismissal-5:00 PM  
 Bundle Up and explore with Sandy Neck Resource Officer Ms. Andrea! Check out the wonders of Nature while having a blast outside! Must be able to walk at least 2.5 miles! We will pick up your child in a recreation van at dismissal at BU and bring them on an adventure! Pick up your child at the HYCC at 5:00 PM. *Contact: Michelle Davies*

**Baby Sitting: Grades 6&7**      **BIS Teachers' Room Cafe**      **313601-A**      **\$65**  
 Tuesday      December 11–February 12      Dismissal-4:30 PM  
 This baby sitter's training course, developed by the Red Cross, will give you the safety skills and confidence to be a great babysitter. You'll learn what to expect from parents, plus the skills you need to help you handle any real life baby sitting situation. **YOU MUST ATTEND ALL CLASSES TO GET YOUR CERTIFICATE!** Pick up at the front door. *Contact: Michelle Davies*

**Intro to Fencing: Grades 4 & 5**      **BU (Band Room)**      **374001-A**      **\$60**  
 Tuesday      January 8–February 26      Dismissal-4:30 PM  
 (No Program 2/18). Introduces your child to the basic skills and proper techniques of fencing. Taught by Jim Rose of Buzzards Bay Fencing Club. Fees will include instructor, use of equipment, and t-shirt. We have limited enrollment in this fencing program; first come-first served. The maximum number of participants is 16. *Contact: Tim McGrath*

**Boys Basketball: Grades 4 & 5**      **BU**      **313401-F**      **\$75**  
 Tuesday & Thursday      November 27–March 6      Dismissal-4:30 PM  
 (No Program 12/4, 12/6 and school vacations). The first 3 weeks will consist of instruction and the last 8 weeks will consist of practices and games. Basic skills of basketball will be reinforced through instructional methods of coaching. Fee includes coaches and t-shirt. *Contact: Tim McGrath*

**Girls Basketball: Grades 6 & 7**      **BIS**      **313401-G**      **\$75**  
 Tuesday & Thursday      November 27-March 5      Dismissal-4:30 PM  
 (No Program 12/4, 12/6 and school vacations). All participants meet in the gym at dismissal. The first 3 weeks will consist of instruction and the last 8 weeks will consist of practices and games. Participants will learn skills, game play and strategy, team work and sportsmanship through drills and games. Fee includes coaches and a t-shirt. *Contact: Melanie Mimmo*

**Boy's Basketball: Grades 6 & 7**      **BIS**      **313401-H**      **\$75**  
 Wednesday & Friday      November 28–March 1      Dismissal-4:30 PM  
 (No Program 12/21, 1/9, 2/13 and school vacations). The first 3 weeks will consist of instruction and the last 8 weeks will consist of practices and games. Basic skills of basketball will be reinforced through instructional methods of coaching. Fee includes coaches and t-shirt. *Contact: Tim McGrath*

**Girls Basketball: Grades 4 & 5** BU 313401-E \$75  
 Wednesday & Friday November 28-March 1 Dismissal-4:30 PM  
 (No Program 1/9, 2/13 and school vacations). All participants meet in the gym at dismissal. The first 3 weeks will consist of instruction and the last 8 weeks practices and games. Learn skills, game play and strategy, team work and sportsmanship. Includes coaches and a t-shirt. *Contact: Melanie Mimmo*

**Street Hockey: Grades 4 & 5** BU (Parking Lot) 335502-A \$70  
 Wednesday November 28-January 23 Dismissal-4:15 PM  
 (No program during school vacations.) Instructors: Mr. Harmon & Mr. Stewart. Round robin games; great program to get outside and have some fun. Fee includes instructors, equipment, and a t-shirt. Please dress your child with proper winter outdoor attire. *Contact: George Noonan*

**Elements, ETC.** BU Room 135 314306-A \$85  
 Wednesday December 12-January 23 Dismissal-4:00 PM  
 A new STEM class for science fans! Learn about air, animal behavior, creatures of the night, hidden worlds and science in a baggie! Experiment with pressure, magnifiers and mixing concoctions. *Contact: Michelle Davies*

**Mysteries of Magic: Grades 4&5** BU Band Room 314102-A \$90  
 Wednesday December 12-January 30 Dismissal—4:30  
 Learn to amaze your family and friends with spectacular sleight of hand tricks taught by a real live Magician! You learn awesome Magic plus the presentation, misdirection, and the confidence to stand in front of a group and perform. Magic Kit with a range of tricks personally selected by Instructor and Professional Magician Rich Archer. *Contact: Michelle Davies*

**Sunset Adventures: Grades 6 & 7** BIS 313802-B \$25  
 Thursday (No Program 12/27) December 13-January 24 Dismissal-5:00  
 Bundle Up and explore with Sandy Neck Resource Officer Ms. Andrea! Must be able to walk at least 2.5 miles! Pick up your child at the HYCC at 5:00 PM. *Contact: Michelle Davies*

**Vacation Program: Grades 1 - 5** CRB 345090-A&B \$125/session  
 Wed-Fri, Mon, Dec 26–31 / Tue-Fri, Feb 19–22 8:30 AM-4:00 PM  
 Join us for local field trips, Arts and crafts, games and much, much more. Children should bring a lunch and drink each day. Wear clothing that is weather appropriate for outside play! There will be a nominal fee for some fieldtrips. *Contact: Michelle Davies*

**School Vacation Open Gym: Gr. 4-12** BIS \$4/child per day  
 December 26, 27, 28; February 19, 20, 21, 22 12:00-4:00 PM  
 For Barnstable Students at the Barnstable Intermediate School Gym during school vacation weeks. All participants must present a school ID when signing in. Courts will be available for ½ and full court play as well as hoops for shoot-around and practice. *Contact: Melanie Mimmo*

## WEEKEND PROGRAMS

**High School Basketball League** **BIS** **\$85**  
 Saturday EVALUATION DATE: Saturday, December 1 (12:45-2:15 PM)  
 GAMES: December 8-March 2 (Saturday and Occasional Wednesday)  
 GAME TIMES: 1:30 PM, 2:30 PM, and 3:30 PM (based on 6 teams)  
 (No program 12/22, 12/29, 2/16). This program will offer girls and boys the opportunity to continue playing basketball throughout the winter season. The program will consist of one evaluation day and ten weeks of games including playoffs. This is a fun league for all skill levels. Fee includes t-shirt, staff, and referees. Program is limited to 80 participants.  
 Contact: *Tim McGrath*

*The Barnstable Recreation Division needs parents to coach each team. Please pick up a coach's volunteer form when registering your child. Must have a minimum of 40 participants to run this program. [tim.mcgrath@town.barnstable.ma.us](mailto:tim.mcgrath@town.barnstable.ma.us)*

**Girls Basketball: Grades K & 1** **BIS** **313401-A** **\$60**  
 Saturday December 1-March 2 9:00-9:45 AM  
 (No program 12/22, 12/29, 2/16.) This instructional program runs for 11 weeks and teaches the proper fundamentals of basketball. Each week will consist of instruction on the skills of passing, shooting, dribbling, defense, and teamwork. Hoops will be lowered to accommodate players. Fee includes coaches, t-shirt and basketball. Contact: *Melanie Mimmo*

**Girls Basketball: Grades 2 & 3** **BIS** **313401-C** **\$60**  
 Saturday December 1-March 2 10:00-11:00 AM  
 (No program 12/22, 12/29, 2/16.) This instructional program runs for 11 weeks and teaches the proper fundamentals of basketball. Each week will consist of instruction on the skills of passing, shooting, dribbling, defense, and teamwork. Hoops will be lowered to accommodate players. Fee includes coaches, t-shirt and basketball. Contact: *Melanie Mimmo*

**Boys Basketball: Grades K & 1** **BHS** **313401-B** **\$60**  
 Saturday December 1-March 2 11:00 AM-12:00 PM  
 (No program 12/22, 12/29, 2/16). This instructional program runs for 11 weeks and teaches the proper fundamentals of basketball. Each week will consist of 1 hour of instruction on the skills of passing, shooting, dribbling, defense, and teamwork. Hoops will be lowered to accommodate players. Fee includes coaches, t-shirt and basketball. Contact: *Tim McGrath*

**Boys Basketball: Grades 2 & 3** **BHS** **313401-D** **\$60**  
 Saturday December 1-March 2 11:00 AM-12:00 PM  
 (No program 12/22, 12/29, 2/16). This instructional program runs for 11 weeks and teaches the proper fundamentals of basketball. Each week will consist of 1 hour of instruction on the skills of passing, shooting, dribbling, defense, and teamwork. Hoops will be lowered to accommodate players. Fee includes coaches, t-shirt and basketball. Contact: *Tim McGrath*



**Kidz Play 4 Free Project: Grades 4-12 BU**

322500-A

**FREE***

**Indoor Futsal Soccer League**



Saturday January 26-March 16 11:30 AM-2:00 PM  
(No program 2/16.) A fun filled Saturday afternoon of Futsal (indoor soccer). The UKSD team has worked hard to raise money to make this program FREE for all participants. Play is indoors so bring your sneakers or indoor soccer shoes. *Please register online at [www.uksd.org](http://www.uksd.org) to confirm your spot. Spaces are limited! *Contact: Coach Docherty [doc@uksd.org](mailto:doc@uksd.org)*

**Indoor RC Plane Flying: All Ages HYCC \$5/pilot**

Sunday November 4-March 24 8:00-10:00 AM  
(No program 12/9, 2/3, 3/10). Discover Flying R/C Club provides the opportunity for youth to become familiar with all aspects of radio control indoor flying through the use of computer simulators and hands on flying, using aircraft provided by the club and its members. Bring your own plane/helicopter or try one here. Under 18 free to watch and train, 12 and under free with parent. No registration required. *Contact: Mark Boardley*

**High School Open Gym Volleyball HYCC FREE / non-members \$5**

Sunday September 1-November 25 4:30-6:30 PM  
This time is dedicated to high school age children looking to play volleyball every Sunday. Limit 36 players on two courts. *Contact: Mark Boardley*

### **INFANT, TODDLER & PRE-SCHOOL PROGRAMS**

**Stroller Skating HYCC \$5 Adults / \$10 Family**

Monday & Friday, subject to availability. Check website or call for times. Introduce your little one to the wonderful world of ice skating and get a great workout too. Strollers are required to participate in these sessions. Rental skates are available. *Contact: Laura Kelliher*

**Miss Lori's Open Gym Playgroup HYCC \$13/child \$25 max/family**

Tuesday September-June 9:30-11:00 AM  
(No program 11/6, 12/25 and 1/1). Help your child build confidence, coordination and positive physical habits through ACTIVE PLAY! Parents are encouraged to play along as well! No registration required, Drop-In any day. For details visit [www.klubkidz.org](http://www.klubkidz.org). *Contact: Mark Boardley*

**Mommy Mixer Group CRB 3404351-A FREE***

Wednesday January-March 9:00-11:00 AM  
LOCATION CHANGE FOR WINTER! New moms, experienced moms and moms-to-be are all welcome to join us! Bring the little one(s) and enjoy a morning with other moms and babies talking (or babbling), sharing and playing. Monthly schedules will be available with different activities for each week. Some activities require a small fee. *Contact: Melanie Mimmo*

**18+ Adult Open Gym Volleyball**      **HYCC**      **FREE / \$5 non-members**  
 Sunday      September 1-November 25      7:00-9:00 PM  
 Come out and play, meet new people and be active. This time is dedicated to Adults looking to play volleyball every Sunday night. Limit 36 players, on two courts. *Contact: Mark Boardley*

**18+ Adult Open Gym Basketball**      **HYCC**      **FREE / \$5 non-members**  
 Sunday      September 1-November 25      12:00-2:00 PM  
 Come out and play, meet new people and be active. This time is dedicated to Adults looking to play basketball every Sunday morning. Limit 36 players, on two courts. *Contact: Mark Boardley*

<b>Community Yoga - Adults 18+</b>	<b>HYCC</b>	<b>FREE/Will Offering</b>
Tuesday	Ongoing Year Round	8:00-9:00 AM

(No Program 11/6, 12/25, 1/1). Come strengthen your Mind, Body, and Soul all while relieving some of the stress in your life. Classes are taught by Cape Community Yoga and free thanks to Cape Cod Healthcare. Bring your own mat, or use one of ours. No registration required, Drop-In any day.

*Contact: Mark Boardley*

<b>18+ Chair-Supported Yoga</b>	<b>HYCC Shepley Room</b>	<b>FREE/Will Offering</b>
Wednesday	Ongoing Year Round	10:00-11:00 AM
<p>A pure and simple Hatha yoga class using a chair for support, focused on stretching, improving balance and building strength in a calm, supportive atmosphere. This is an ideal class for anyone who struggles getting up and down off the floor. Yoga Neighborhood. No registration required, Drop-In any day. <i>Contact: Mark Boardley</i></p>		

**Adult Computer Lab & Game Room**    **HYCC**    **Free / \$5 non-members**  
**Monday—Friday**    **Ongoing**    **9:00 AM-2:30 PM**  
**(No program on Barnstable Public School day offs or half-days).**    **Ages 18+.**  
**Come and relive your younger years by playing Air Hockey, Pool Tables, Ping Pong, and other games, or come in and get some work done in our computer lab. *Contact: Mark Boardley***

**Indoor Pickleball: Ages 18 +**      **HYCC Gym**      **\$4 per session**

Monday & Wednesday      October 29-May 22      8:00-10:00 AM or  
10:15 AM-12:15 PM

(No Program 11/12, 12/24, 12/26, 12/31, 1/21, 2/18, 2/19, 4/15, 4/17, 4/29.)

A fun game that is played on a badminton court with the net lowered to 34 inches at the center, pickleball is played with a perforated plastic baseball (similar to a wiffle ball) and wood or composite paddles. It is easy to learn, and can develop into a quick, fast-paced, competitive game for experienced players. Four courts will be set up each day, so come and meet new people and play this fun sport. Advanced sign up weekly is required. Visit [www.barnstablepickleball.com](http://www.barnstablepickleball.com) for details. *Contact: Mark Boardley*



Check it out!  
**BRAND NEW  
 Rental equipment**

Hockey & Figure Skates available  
 in most sizes!

Toddler - Youth - Adult

Rentals: \$5/pair Sharpen: \$6/pair



**DROP-IN RINK PROGRAMS**

**Public Skating**

HYCC

\$7 Adults/\$5 Students

Days/Times subject to change.

\$2 Seniors

ALL AGES. Please check website or call for days and times. Open to the public, ice skating is a great way to spend time together. We have rental skates (\$5 per pair) in youth and adult sizes. Ask about our money saving frequent skater punch cards! *Contact: Laura Kelliher*

**Pick-Up Hockey / Stick Practice**

HYCC

Daily Fee: \$10/Skater

Days/Times subject to change. Please check website or call for times. Take some time to sharpen your skills and play some pick-up hockey. Dedicated times are available for Adults (18+), Families (12 and under with an adult), Seniors (50+) and High School (grades 8-12). Helmets are required and full gear is recommended. Ask about our money saving frequent skater punch cards! *Contact: Laura Kelliher*

**Walk-On Freestyle Skating**

HYCC

\$10/Skater

Days/Times subject to change. Please check web site or call for schedule. Open to certain levels of figure skaters to work on programs, moves in the field or freestyle elements. Private lessons with prior approval of coaching certification by Program Manager. Max 23 skaters per session.

**Rock Night: Grades 6 & 7**

HYCC

\$5/Skater \$5/Rentals

Friday November 16, January 18 & March 22 7:00-8:30 PM

Rock Nights are BACK! Come skate with your friends to music played by our in-house DJ! We will have contests and prizes each night. Questions?

*Contacts: George Noonan or Laura Kelliher*



- Our Winter classes are 50 mins long and run for 8 weeks unless otherwise noted.
- Figure skates with toe picks are strongly recommended for Figure Skating Clinic. This includes the TOT Program. Rink rental skates are NOT available for Clinic participants because they are not the best to learn in. Invest in your own skates so you have reliability when you need them and consistency for learning.
- Gloves and hats should be worn. Also, a heavy sweater or short jacket is recommended for better mobility.
- Helmets are required for all participants enrolled that are 6 years old and under. Helmets are also recommended for beginner level participants (Tots, Badge 1 & 2). Helmets with cages are strongly recommended for all hockey participants.
- Each Instructor will teach two badge levels within the 50 minute lesson. Sometimes there will be more than two badges taught. Each group will spend up to 25 mins with the Instructor. The other 25 mins will be used for participants to practice any of the skills. Parents should encourage their child to practice. Hockey Clinic structure will be different.
- Discipline is necessary on the ice at all times to ensure each participant gets the most from their lesson and practice session. Children must be able to listen and take direction.
- Parents will NOT be allowed near the lesson areas or on the ice at any time. Parents are asked to stay away from the glass and ice area so they do not attract the attention of the skaters. This will help prevent disruptions to the class.
- Attendance will be taken on the ice by the skating instructor during each class. If the child misses half of the classes, he/she will not be permitted to test. There are no exceptions to this rule. There are no make up classes.
- During show/exhibition rehearsals your child may only miss one rehearsal in order to participate.
- IT IS VERY IMPORTANT THAT YOUR CHILD IS ON TIME FOR THEIR LESSON.
- The Hyannis Youth & Community Center strongly urges parents to stay during their child's lesson. In case of an emergency, it is beneficial to have the parent/guardian present.
- If your child comes off the ice and is cold, please have him/her remain in the warming house for 5-10 minutes or until warm before sending them back onto the ice.
- It is recommended that the participants practice their skills outside of their lesson. This may be done during public skating sessions. Schedules are available monthly in the rink rental room.
- Any cancellations due to inclement weather will be announced on the local radio stations, on our Facebook page, and our website. Lessons that are cancelled by the Hyannis Youth & Community Center/HYCC SKATING SCHOOL will not be rescheduled.
- NO REFUNDS WILL BE ISSUED AFTER THE FIRST SCHEDULED LESSON.
- Instructors reserve the right to move a child to the appropriate level class.
- Children in Kindergarten or 5 years old should sign up for Badge 1.
- Any participant who has passed Pre Freestyle can sign up for any advanced class (unless otherwise noted). They may also sign up to be a Skating Assistant if they are in Grade 5 or higher but they MUST be a CURRENT LTS participant. Any other assistant approvals will be made by the LTS Skating Director.



## LTS USA FEES AND MEMBERSHIP (UNLESS OTHERWISE NOTED):

\$106 Residents/\$116 Non Residents without a current LTS USA Membership  
\$90 Residents/\$100 Non Residents with a current LTS USA Membership or a full USFS Membership.

**\$90 Extra Classes** - Create To SK8, Strength In Motion, Jump/Spin plus LTS USA Membership / Full USFS Membership (Skaters who are taking these classes should look into becoming members of the Cape Cod Skating Club.)

**\$16 LTS USA/USFSA Memberships** - If you did not take 2018 Summer or Fall Learn to Skate program you must pay for this membership.

*Due to program requirements, annual memberships are required  
by every participant and the valid dates are July 1 to June 30.  
USA Hockey and MA Hockey cannot be used for a substitute.*

### SPRING SKATING SHOW: SATURDAY, APRIL 6, 2019 @ 1:00-3:00PM

All participants are invited to join in the fun at no additional cost!  
Details and a rehearsal schedule will be given out by instructors.

## TODDLER CLASSES

### Tots Class with Philip

**HYCC**

**Res \$90/Non \$100***

Wed Session I: December 5-January 30 Choose your  
Session II: February 13-April 10 class time below!  
(No program 12/26, 2/20.) Pre-requisite: Participants must be three years old by the start of the program. **THIS IS A 1/2 HOUR CLASS ONLY-PLEASE NOTE START AND END TIMES!** This is an unassisted class. Parents are not allowed on the ice. Maximum six participants per class.

CLASS TIMES	SESSION I	SESSION II
10:00-10:30 AM	335601-10	335601-18
10:30-11:00 AM	335601-11	335601-19
12:00-12:30 PM	335601-12	335601-20
12:30-1:00 PM	335601-13	335601-21
1:00-1:30 PM	335601-14	335601-22

### Tots Class with Renee

**HYCC**

**Res \$90/Non \$100***

Thursday Session I: December 6-January 31 Choose your  
Session II: February 14-April 11 class time below!  
(No program 12/27, 2/21.) Pre-requisite: Participants must be three years old by the start of the program. **THIS IS A 1/2 HOUR CLASS ONLY-PLEASE NOTE START AND END TIMES!** This is an unassisted class. Parents are not allowed on the ice. Maximum six participants per class.

CLASS TIMES	SESSION I	SESSION II
10:30-11:00 AM	335601-2	335601-16
11:00-11:30 AM	335601-3	335601-17

### Saturday Tots

**HYCC 335601-Z Res \$90/Non \$100***

Saturday December 15-February 9 1:40-2:10PM

(No program 12/29.) Pre-requisite must be three years old by start of the program. **THIS IS A 1/2 HOUR CLASS ONLY-PLEASE NOTE START AND END TIMES!** This is an unassisted class. Parents are not allowed on the ice.



Learn To Skate USA

## BASIC SKILLS CLASSES

### **Basic 1 & 2**

**HYCC 335601-A&B**

**Res \$90/Non \$100***

Saturday

December 15-February 9

2:10-3:00 PM

(No program 12/29.) If you haven't taken any LTS classes, you will start here in Basic 1. This goes for first time participants that are 5 years old / Kindergarten age as well. The instructor will determine when you are ready to advance.

### **Basic 3 - 6**

**HYCC 335601-C-F**

**Res \$90/Non \$100***

Saturday

December 15-February 9

12:40-1:30PM

(No program 12/29.) Pre-requisite must have passed out of the basic skills class prior to entering the next level.

## EXTRA CLASSES

### **Strength in Motion**

**HYCC**

**335601-S&Q**

**\$90**

Tuesday

6:30-7:10 AM

Session I: December 11-February 12

Session II: February 26-April 9

Pre-Requisite Basic 5 or Higher. Philip will have different themes and styles of basic movements that will focus on skill but add a dance movement element to your basic skating. The focus will then shift to rhythm, interpretation and coordination. Different music will play throughout class.

### **Intro to Synchro**

**HYCC**

**335601-9**

**\$90**

Thursday

January 3-March 28

6:30AM-7:10AM

Open to Basic 3-6. Come join Coach Kristen and learn about the world of Synchro! Participants will perform in the Spring Show!

### **Create to SK8**

**HYCC**

**335601-7&8**

**\$90**

Thursday

4:50-5:30 PM

Session I: December 13-February 7

Session II: February 14-April 11

(No program 12/27.) Pre-Requisite Basic 5 or Higher. Forty minutes focusing on your creative side of skating. Every week is different as you will be improving your current skills while being introduced to new skills, edge work, movement to music and overall body improvement. Instructional week to week focus on transitions, in and out of different edge work and skill through listening how music instructs our movement. Come join Philip and Renee and Create to SK8!

### **Learn to Skate / Play Hockey**

**HYCC**

**335650-A**

**\$220**

Saturday

December 15-April 6

9:20-10:20 AM

(No program 12/8, 2/16, 2/23, 3/16.) Combines skating skills with learning to play hockey at stations, each designed for all skating levels. Full gear is required for game play in March. LTS USA Membership is required (July-June). MA & USA Hockey Memberships are not accepted as a substitute.

## Moves in the Field

Saturday

(No program 12/29.) Pre-Requisite Basic 5 or Higher.

HYCC 335601-Y Res \$90/Non \$100*

December 15-February 9

10:30-11:20 AM

## Pre Freestyle / Freestyle

Saturday

(No program 12/29.) Pre-Requisite must have passed out of Basic 6.

HYCC 335601-I Res \$90/Non \$100*

December 15-February 9

9 11:20 AM-12:10 PM

## Intro to Theatre On Ice

Saturday

(No program 12/29.) Open to Basic 3-6. Come join coach Deb and see what Theatre on Ice is all about! Come tell a story on ice! A fun way to express yourself with your skating! ***participants in the Winter Session will perform in our annual SPRING SKATING SHOW ON APRIL 6!

HYCC 335601-O Res \$90/Non \$100*

December 15-February 9

12:10-12:40PM

## Jump / Spin Class

Saturday

(No program 12/29.) Pre-Requisite Basic 5 or Higher. This 50 minute specialty class with Philip, Renee and Karen will teach participants correct body position and proper skating techniques that will help your overall skating. Participants will be off-ice and on ice for this class.

HYCC 335601-5

\$90

December 15-February 9

3:00-3:50PM

BARNSTABLE  
YOUTH  
COMMISSION



## VOICE OF THE YOUTH!

Join Today and Let Yours Be Heard

For More  
Information

Look For Us  
On The Web!

TownofBarnstable.us/  
Youthservices

Meetings: 6:30 PM

2nd and 4th Tuesday Each Month  
September through June

In the Conference Room  
at the Hyannis Youth & Community Center

## ACTIVITIES & EVENTS PLANNED FOR THIS SCHOOL YEAR INCLUDE:

- Community Substance Abuse Prevention Forum
- 7th Grade Youth Summit
- Youth Job Fair
- Visits to the State House and other important places, MORE!



Learn To Skate USA / Youth Commission



# GIFT CERTIFICATES

- * ANNUAL MEMBERSHIPS access to Youth Center, Game Room, Walking Track
- * \$5 DAY PASSES for your guests and visitors
- * MONEY-SAVING PUNCH CARDS Buy 10 admissions; the 11th is FREE!
- * INDIVIDUAL SKATE PASSES Public Skate, Stick Time, Walk-On
- * PROGRAM REGISTRATION CREDIT Subject to availability, first come, first served

*Treat a special someone with a gift that lasts all year long! Now available for purchase in the Skate Rental Booth downstairs, on line or call 508-790-6345 for more info!*



## 2018 Holiday Special Events



### Turkey Shoot

Saturday

### HYCC

November 10

### FREE

See Times Below

Gr. K-1 9:00 AM; Gr. 2-3 9:30 AM; Gr. 4-5 10:00 AM; Gr. 6-7 10:30 AM

A parent/guardian is paired up with their child and each shoot 10 foul shots. The team that makes the most baskets in wins a gift certificate and a turkey! Registration will be held the day of the event prior to your scheduled age group's shooting time. *Contact: Tim McGrath*

### 7th Annual HYCC Learn to Skate Holiday Show/Coat, Mittens, Hat Drive

Saturday

December 1

12:00 PM

FREE ADMISSION! Learn to Skate participants show off the skills they've been learning with a Holiday theme! Gently worn coats, mittens and hats will be accepted through the Holidays to benefit local charities. Donations accepted and help offset costs of props and costumes. *Contact: Laura Kelliher*

### Holiday Baking Challenge

BHS (Room 1406) 314350-A

\$10/TEAM

Friday

December 7

Set-Up: 5:30-6:00 PM

Families w/K-7 Graders (max 4/team)

Baking Time: 6:00-8:00 PM

Enter thru Main Gym Doors

Judging: 8:00-8:30 PM

Work together as a team and put your best holiday family baking recipes to the test. Families will bake holiday themed cupcakes, cookies, and a dessert in two hours. Entries will be judged on taste, appearance, and presentation.

*Contact: George Noonan*

*Check the  
web site  
for dates  
and times!*

- * LTS USA Family Skate With Santa
- * BHS Boys & Girls Hockey Alumni Games
- * BHS Girls Hockey Skate Night
- * Hockey Tournaments, Skating Competitions, MORE!