



BARNSTABLE RECREATION

RESIDENT REGISTRATION BEGINS:

WEDNESDAY, SEPTEMBER 5, 2018

NON-RESIDENT REGISTRATION BEGINS:

WEDNESDAY, SEPTEMBER 12, 2018

On-line (Begins 8:45AM) / Walk-in (8:45AM-4:00PM, M-F)



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In Case of an "Oops..."

Complete details of program policies, procedures and guidelines are sometimes omitted from the program brochure because of space limitations. Errors in days, times, registration requirements and fees may occur as well. We apologize for any errors that may occur in this brochure. Thank you for your patience and understanding when these situations occur.

PROGRAM LOCATIONS

BHS = Barnstable High School,
744 West Main Street, Hyannis

BIS = Barnstable Intermediate School,
895 Falmouth Road, Hyannis

Barnstable Marina =
269 Millway Road, Barnstable

BSP = Barnstable Skate Park,
141 Bassett Lane, Hyannis

BU = Barnstable United
Elementary School,
730 Osterville-W. Barnstable Road,
Marstons Mills

Cape Cod Maritime Museum =
135 South Street, Hyannis

CRB = Centerville Recreation Building, 524 Main
Street, Centerville

Hyannis West Elementary School =
549 W. Main Street, Hyannis

HYCC = Hyannis Youth & Community Center,
141 Bassett Lane, Hyannis

Osterville Tennis Courts =
First Avenue, Osterville

WEATHER CANCELLATIONS



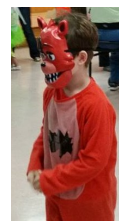
Cancellations due to weather will be decided by the program coordinator as soon as possible. We will make every effort to post program cancellations and closings on our Facebook page and Twitter @ Barnstable Rec and email households with active email addresses. **You may also phone our program cancellation line at 508-790-6345, x131, to receive updated cancellation information.**

Barnstable Recreation *Special Events*

NOT-SO-SCARY HALLOWEEN

Saturday, October 20th
Barnstable Intermediate School
(Cafeteria)
11:00am-1:30pm
Pre-school Age

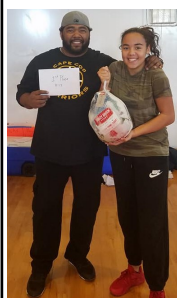
Join us for some Fall fun with Carnival games, food, Trick or Treat hunt, novelties, entertainment, and much more. Children are encouraged to wear their costume.



TURKEY SHOOT

Saturday, November 10th
HYCC Gymnasium
Kdg & 1st Grade 9am-9:30am
2nd & 3rd Grade 9:30am-10am
4th & 5th Grade 10am-10:30am
6th - 8th Grade 10:30am-11am

This event is a fun adult/child basketball shooting contest. A parent/guardian is paired up with their child and each shoot 10 foul shots. The team that makes the most shots in will win a gift certificate and a turkey! Registration will be held at HYCC Gymnasium prior to your scheduled shooting time. **FREE!**



(See Page 20 for more Events!)

CANCELLATIONS/CHANGES

We reserve the right to change class dates or times. We may also cancel classes due to low enrollment or other reasons beyond our control.

Barnstable Recreation



WAYS TO REGISTER

www.townofbarnstable.us/recreation or www.townofbarnstable.us/hycc

- **On-line** registration is available beginning at 8:45AM on the first day of registration (Residents - Wednesday, September 5, 2018 / Non-Residents - Wednesday, September 12, 2018) and then 24/7 each day after. You may log onto our online registration feature at www.town.barnstable.ma.us/recreation or www.town.barnstable.ma.us/hycc and click on the "On-line Registration" button. You will need a user name and password in order to utilize the online program registration system. Call the Recreation Office during regular office hours (M-F, 8:45AM-4:30PM) to receive your user name and password. We HIGHLY recommend that you sign into the online system a few days before registration to make sure your account is working properly. **Please be advised that our software system WILL NOT allow parents/guardians to UPDATE the birthdate, age, or grade of their child(ren). Please verify that this information is correct. If it needs to be changed, please contact the Recreation Division/HYCC, 508-790-6345, or recweb@town.barnstable.ma.us** Unfortunately, if you do not randomly review your household account for accuracy, your child(ren) may be locked out of a program because of age/grade restrictions.
- **Walk-in** registration hours are **Monday through Friday, 8:45AM to 4:00PM**, at 141 Bassett Lane, Hyannis, MA 02601. If you choose to visit our facility to enroll in a program, you may download a registration form at www.town.barnstable.ma.us/recreation or www.town.barnstable.ma.us/hycc. For your convenience, printed forms are also available at 141 Bassett Lane, Hyannis, MA.

Payment must be received in full prior to the start of the program (MasterCard, Visa, Money Order, or Check payable to the Town of Barnstable).



RULES AND REGULATIONS

- Anyone using obscenities or a threatening manner will be asked to leave the facility and will be taken out of the program— NO EXCEPTIONS!
- Town of Barnstable is not responsible for any lost or stolen property at any of our programs.
- Barnstable Recreation follows regulations stating that participants are not allowed to wear jewelry while participating in sport activities.
- All times, dates, and programs are subject to change. Contact the Program Coordinator in charge of your program for any updated schedules or changes.
- Resident registration will begin **Wednesday, September 5, 2018.**
- Non-Resident registration will begin on **Wednesday, September 12, 2018.**
- Pre-Registrations, early sign ups, emails, mail ins and faxes are not accepted.
- Non-Resident fees are doubled unless otherwise specified.
- Registration is conducted on a first-come, first-served basis and age/grade guidelines are strictly observed. You may only register one household at a time.
- Proof of residency: Driver's license, Vehicle Registration or Personal Check. PO BOXES ARE NOT ACCEPTED AS PROOF OF RESIDENCY.
- Financial Aid is available for all qualifying applicants. To apply, complete and submit a Financial Aid form with your Tax Returns and ANY OTHER DOCUMENTATION EVIDENCING ASSISTANCE YOU ARE CURRENTLY RECEIVING such as Sec. 8, Disability, child support, etc.
- Financial Aid applicants must pay 50% of the program costs at the time of registration.
- Prior to the start of the program, refunds will be given minus a \$10 Administration fee.
- REFUNDS ARE NOT ISSUED ON OR AFTER THE START OF THE PROGRAM. NO SWITCHING OF CLASSES WILL BE ALLOWED AFTER YOUR FIRST SCHEDULED CLASS OF THE SEASON.
- Participants who are absent from a class will not be allowed to make up the class.

AFTER SCHOOL PROGRAMS

Wicked Cool for Kids

Superhero Science - 213760-A

NEW!

Monday

BU (Room 135)

\$108.00

Nov 5th-Dec 17th

Dismissal-4:00pm

Grades 4&5



What makes a Superhero Super? Physics! Conduct gravity experiments to learn what it would take for Superman to leap over tall buildings in a single bound. Create optical illusions, to understand how Wonder Women's jet can disappear.

Investigate how Spiderman (and real spiders) can climb up walls. Examine Batman's super gadgets and morph into a world of superheroes using the science that could make superheroes a reality.

Program Coordinator: Michelle Davies, x107, michelle.davies@town.barnstable.ma.us

Half Day of Play

BU & BIS

Grades 4&5 / Grades 6&7

Dismissal-4:00pm

\$30 each Half Day

Wednesday, September 12th - 211560-A / A1

Pizza/Mini-Golf/HYCC

Wednesday, October 10th - 211560-C / C1

Pizza/TBD/HYCC

Tuesday, December 4th - 211560-D / D1

Pizza/Bowling/HYCC

Thursday, December 6th - 211560-E / E1

Pizza/Movies/HYCC

Wednesday, January 9th - 211560-F / F1

Pizza/TBD/HYCC

Wednesday, February 13th - 211560-G / G1

Pizza/TBD/HYCC

Wednesday, March 13th - 211560-H / H1

Pizza/TBD/HYCC

Wednesday, April 3rd - 211560-I / I1

Pizza/TBD/HYCC

Wednesday, May 22nd - 211560-J / J1

Pizza/TBD/HYCC

Open to Barnstable United and Barnstable Intermediate students on half days of school. Students will be picked up by Recreation staff in a red Recreation van at Barnstable United after dismissal. **Parent pick up will be at the HYCC, 141 Bassett Lane, Hyannis at 4:00PM.** Program fee includes lunch at Palio's Pizza, transportation, and the activity listed for that day.



Program Coordinators:

Michelle Davies, 508-790-6345, x107, michelle.davies@town.barnstable.ma.us

Tim McGrath, 508-790-6345, x112, tim.mcgrath@town.barnstable.ma.us

Melanie Mimmo, 508-790-6345, x129, melanie.mimmo@town.barnstable.ma.us

George Noonan, 508-790-6345, x127, george.noonan@town.barnstable.ma.us

Intro To Fencing - 274001-A**Thursday****BU (Gym)****\$55.00****Sept 20th-Nov 8th****Dismissal-4:30pm****Grades 4&5**

This seven-week program is designed to introduce your child to the basic skills and proper techniques of fencing for the first time. Children will be taught by Jim Rose of Buzzards Bay Fencing Club.



Fee includes instructor, use of equipment, and a t-shirt.

Program Coordinator: Tim McGrath, x112, tim.mcgrath@town.barnstable.ma.us

After School Bowling - 219774-A**Wednesday****Ryan Family Amusements, Hyannis****\$90.00****Sept 19th-Nov 7th****Dismissal-4:45pm****Grades 4&5**

This will be seven weeks of fun-filled afternoons bowling at Ryan Family Amusements on Main Street, Hyannis. On some days, we'll even Mystic Bowl. The class will bowl two games and then get a free \$5 card to use at the end of the day in the arcade while waiting for their parents to arrive. Transportation is provided to the program (a red Recreation van in parent pick-up @ dismissal). Parents must transport their child home **FROM THE BOWLING ALLEY** at 5:00pm.

Program Coordinator: Michelle Davies, x107, michelle.davies@town.barnstable.ma.us

Wicked Cool for Kids**LEGO Robotics - 213650-B****Monday****BU (Room 135)****\$108.00****Sept 17th-Oct 29th****Dismissal-4:00pm****Grades 4&5**

LEGO Robotics introduces kids to robotics programming. Kids create bots with motors and sensors and program them on our own computers. There are lots of challenges to engage budding techies.

Parents, please pick up your child at 4:00pm at parent pick-up out front at Barnstable United.

Program Coordinator: Michelle Davies, x107, michelle.davies@town.barnstable.ma.us

BARNSTABLE SKATE PARK (BSP)**HOURS OF OPERATION****Beginning August 29th**

Tuesday-Friday: 3:00pm-8:00pm

Saturday & Sunday: 12:00pm-8:00pm

Monday: Closed

Barnstable Skate Park will not open or close early for rainy days/wet ramps. Come check out BSP's facelift! Our bowls are smooth and safe; it's like a whole new park! Admission to the park is free! Helmets must be worn at all times and can be rented for \$1 at the BSP shack located in the park. A signed waiver on file is needed to ride. See Barnstable Skate Park staff for details.

Program Coordinator: Melanie Mimmo, x129, melanie.mimmo@town.barnstable.ma.us



Field Hockey

JUNIOR: - 217070-B

Tues & Thurs	BU	\$55.00
Sept 18th-Nov 1st	Dismissal-4:30pm	Grades 4&5

SENIOR: - 217070-C

Wed & Fri	BIS	\$55.00
Sept 19th-Nov 7th	Dismissal-4:30pm	Grades 6&7

No Program Oct 10th

These programs will focus on the basic skills of field hockey and game strategy. Practices and games will be held each week. Stick, shin guards, goggles, and mouth guard are required.

Program Coordinator: Melanie Mimmo, x129, melanie.mimmo@town.barnstable.ma.us**Hiking Adventures** - 213805-A /213805-B

Tuesday	BU	\$25.00
Sept 11th-Oct 23rd	Dismissal-5:00pm	Grades 4&5

No Program Oct 9th

Thursday	BIS	\$25.00
Sept 13th-Oct 25th	Dismissal-5:00pm	Grades 6&7

No Program Oct 11th



Hike and explore the beauty of Cape Cod's Conservation areas with Sandy Neck Natural Resource Officer and Naturalist, Andrea Higgins. Learn about the magic of nature while journaling and taking field notes. Hikers must be able to walk at least 3 miles. Please bring a snack and a drink and wear appropriate foot wear. A

recreation van will pick up the children at their school in the parent pick-up area at dismissal and transport them to various trails and conservation areas. **Please pick up your child at the Hyannis Youth & Community Center, 141 Bassett Lane, Hyannis at 5:00pm.**

Program Coordinator: Michelle Davies, x107, michelle.davies@town.barnstable.ma.us**Red Cross Babysitting Certification** - 213601-A

Tuesday	BIS (Teachers' Room near Cafeteria)	\$65.00
Sept 11th-Nov 13th	Dismissal-4:30pm	Grades 6&7

No Program Oct 9th

This Babysitter's Training Course, developed by the Red Cross, will give you the safety skills and confidence to be a great babysitter. You'll learn what to expect from parents, plus get the skills you need to help you handle many real life babysitting situations. **YOU MUST ATTEND 7/8 CLASSES TO RECEIVE YOUR CERTIFICATE!**

Program Coordinator: Michelle Davies, x107, michelle.davies@town.barnstable.ma.us

After School Program @ HYCC – 211002-A

Mon through Fri **HYCC** **FREE!**
Sept 17th-Nov 20th **2:30pm-5:30pm** **Grades 6&7**

****No Program on Half Days or School Holidays****

This structured after school program will offer a variety of recreational activities for middle school-aged children. Gym activities, game room tournaments, homework assistance, and special events. Transportation from BIS and an after school snack are incorporated into the program.

SAMPLE SCHEDULE

2:30pm - Board Bus from BIS (Bus name is TBA)
3:00pm - Bus arrives outside HYCC (Met by staff)
3:15pm - Check in, snack, and First Block Activities:
1. Homework assistance in Multi-Cultural Room
2. Gym is open for activity
3. Game Room is open
4:00pm - Second Block of Activities:
1. Homework assistance in Multi-Cultural Room
2. Gym/Shepley Room are open for structured activity
3. Game Room is open
4:45pm - Gym closes, homework assistance continues, and Game Room hosts daily tournament
5:30pm - Child is picked up from HYCC Game Room



The above schedule does not include special events or activities we may be hosting.



For additional information, please contact: George Noonan, Program Coordinator, 508-790-6345, x127, george.noonan@town.barnstable.ma.us or Mark Boardley, Youth Center Manager, 508-790-6345, x116, mark.boardley@town.barnstable.ma.us.



Mountain Biking - 211409-A \$130 (if you have a bike & helmet)

Friday - 211409-B \$180 (if you need a bike & helmet)

Sept 7th-Oct 19th 4:30pm-6:00pm Ages 9-17

No Program Sept 21st

Thanks to our friends at Sea Sports, we are offering this exciting new program! The first week, we will meet at Sea Sports to fit you with your bike and equipment. After that, the program will meet at the Trail of Tears on Crooked Cartway in Marstons Mills.

Program Coordinator: George Noonan, x127, george.noonan@town.barnstable.ma.us

BIS Tennis - 211100-F

Mon & Wed **BIS (BHS Tennis Courts)** **\$99.00**

Sept 17th-Oct 31st **Dismissal-4:30pm** **Grades 6&7**

No Program Oct 8th and Oct 10th



This tennis program is geared towards all skill levels and will consist of instruction, hitting, review of skills, and implementing what is learned into game play. There will be two groups based on tennis ability and compatibility. Groups will be determined by player evaluations. This program is a great way to get top level instruction at an affordable price.

Come play and have some fun while learning the sport of tennis!

***Parent pick up will be at the BHS Tennis Courts.**

Program Coordinator: Melanie Mimmo, x129, melanie.mimmo@town.barnstable.ma.us

Flag Football

JUNIOR: - 215221-A

Wed & Fri **BU** **\$55.00**

Sept 14th-Nov 9th **Dismissal-4:30pm** **Grades 4&5**

No Program Oct 10th

SENIOR: - 215221-B

Tues & Thurs **BIS** **\$55.00**

Sept 11th-Nov 1st **Dismissal-4:30pm** **Grades 6&7**



This eight-week program is designed to introduce children to the game of Flag Football. Flag Football allows for a fun and competitive atmosphere without the full contact of tackle football. Games will be played outdoors in almost any weather. Please have children dress accordingly. This is a fun program for all skill levels!

Program Coordinator: Tim McGrath, x112, tim.mcgrath@town.barnstable.ma.us

Volleyball

JUNIOR: - 214000-B

Wed & Fri **BU** **\$55.00**

Sept 14th-Nov 9th **Dismissal-4:30pm** **Grades 4&5**

No Program Oct 10th

SENIOR: - 214000-C

Tues & Thurs **BIS** **\$55.00**

Sept 11th-Nov 1st **Dismissal-4:30pm** **Grades 6&7**

This eight-week program is designed for players of all skill levels. The first three weeks of the program will consist of clinics that will review the basics of volleyball including: setting, passing, serving, and attacking. The last five weeks will consist of games. Sneakers are required, knee pads optional.

Program Coordinator: Tim McGrath x112, tim.mcgrath@town.barnstable.ma.us



WEEKEND PROGRAMS

Lil' Raider Saturday Soccer

Saturday **BHS (Soccer Field)** **\$60.00**
Sept 8th-Oct 20th **Gr. Pre-K-5**
No Program Sept 29th

Grade Pre-K - 211610-A - **8:30am-9:15am** (Pre-K Age Info: If your child is 5, but not in Kindergarten, they must register for the Pre-K class)

Grades K&1 - 211610-B - **8:30am-9:15am**

Grades 2-5 - 211610-C - **8:30am-9:30am**

This program is run by BHS Girls Soccer players and coaches. Come join us on Saturday mornings and learn new skills and tricks in a fast-paced and FUN environment! All players will receive their own ball and t-shirt. ***There WILL be class on Oct 6th (Columbus Day Weekend).**

Program Coordinator: Melanie Mimmo, x129,
 melanie.mimmo@town.barnstable.ma.us,
 Lee Docherty doc@uksd.org



Kick It! Substance Abuse Awareness Event



Saturday, October 20th
Barnstable High School (Soccer Field)
10:30AM-12:00PM - Gr. 7-12

FREE!

This event is designed to target student athletes and allow them to hear from coaches, police officers, counselors, and parents of children who have suffered from Substance Abuse. Participants in this event play in simulated soccer games and activities as a way to educate participants about the dangers and consequences directly related to this topic.

Register at www.uksd.org

Build a Bevin Skiff Rowboat - 215121-A

Saturday **Cape Cod Maritime Museum** **\$50.00**
Sept 22nd-Dec 8th **9:30am-12:00pm** **Grades 6&7**

This program is offered in collaboration with the Cape Cod Maritime Museum. It is a unique opportunity to build a Bevin Skiff Rowboat and (if weather permits) actually launch and row it in the harbor at the Cape Cod Maritime Museum on the last day. This program is instructed by Experienced Volunteers and made available with a grant from the JFK Memorial Trust Fund. **Parent drop off and pick up is at 12:00pm at the Cape Cod Maritime Museum, 135 South Street, Hyannis, MA 02601.**

Children should wear appropriate clothing and shoes that can get dirty. Bring a snack.

LIMITED ENROLLMENT



Assistant Recreation Director: John Gleason, x128, john.gleason@town.barnstable.ma.us

WEEKEND PROGRAMS

Tee Ball - 219040-A**Saturday** **Little Fenway** (Next to HYCC Basketball Courts) **\$50.00****Sept 15th-Nov 10th** **9:00am-10:00am** **Ages 5 & 6****No Program Sept 22nd and Oct 6th**

Age 5 must be born between 9/1/12 and 8/31/13

Age 6 must be born between 9/1/11 and 8/31/12



Nothing beats Fall baseball! Come learn to hit, catch, and throw in a fun, easy-going environment. Fundamentals are taught through drills & game play. Fee includes cost of equipment, t-shirt, and staff.

Program Coordinator: George Noonan, x127, george.noonan@town.barnstable.ma.us

Intro to Field Hockey - 217070-A**Saturday** **BHS** (Field Hockey Field) **\$45.00****Sept 22nd-Nov 3rd** **10:30am-11:30am** **Grades K-3****No Program Oct 6th** (*Columbus Day Weekend*)

This program is a great introduction to the sport of field hockey! Players will learn basic skills, game play, and more! Mouth guard, shin guards, goggles, stick, and sneakers are required. Remember to bring plenty of water!



Program Coordinator: Melanie Mimmo, x129, melanie.mimmo@town.barnstable.ma.us

Flag Football - 215221-C**Saturday** **HyWest Elem** (Field by the Bus Port) **\$50.00****Sept 15th-Nov 17th** **2:00pm-4:00pm** **Grades 1-3****No Program Oct 6th**

A fun, yet competitive league held outside. Games will be 5 on 5 and take place either at 2:30pm or 3:30pm. Fee includes equipment, coaches, team shirts, and trophies for the winners.

Program Coordinator: George Noonan, x127, george.noonan@town.barnstable.ma.us

Intro to Volleyball - 214000-A**Saturday** **HYCC Gym** **\$45.00****Sept 22nd-Oct 27th** **10:00am-11:00am** **Grades 2&3**

This one-hour, weekly clinic focuses on the basic skills of volleyball such as setting, passing, serving, and attacking. This is a great introduction to the sport of volleyball. Participants will receive instruction from Barnstable High School players. Sneakers are required, knee pads are optional.



Program Coordinator: Tim McGrath, x112, tim.mcgrath@town.barnstable.ma.us

Cross Country Running Program - 220128-A

Saturday	BHS (Track)	\$65.00
Sept 8th-Oct 27th	1:00pm-2:30pm	Grades 1-7

This program will consist of proper warm-up routines, stretching, running drills focusing on proper techniques, and running cool down routines. The program will build up your child's endurance to successfully run a cross country race at the completion of the program.



Program Coordinator: Tim McGrath, x112, tim.mcgrath@town.barnstable.ma.us

Ten & Under Tennis

Saturday - 211100-A	BHS Tennis Courts	\$45.00
Sept 22nd-Nov 3rd	10:30am-11:00am	Grades K&1
No Program Oct 6th		

Saturday - 211100-C	BHS Tennis Courts	\$45.00
Sept 22nd-Nov 3rd	11:15am-12:00pm	Grades 2&3
No Program Oct 6th		



These six-week programs will meet once a week at the Barnstable High School tennis courts. The goal of these programs is to help children learn how to use their racquets and judge the flight and path of the ball using fun activities while enjoying the experience of hitting balls back and forth.

Program Coordinator: Melanie Mimmo, x129, melanie.mimmo@town.barnstable.ma.us

4th & 5th Grade Tennis - 211100-E

Saturday	BHS Tennis Courts	\$45.00
Sept 22nd-Nov 3rd	12:15pm-1:15pm	Grades 4&5
No Program Oct 6th		

This tennis program is geared towards all skill levels and will consist of instruction, hitting, review of skills, and implementing what is learned into game play. There will be two groups based on tennis ability and compatibility. Groups will be determined by player evaluations. This program is a great way to get top level instruction at an affordable price. Come play and have some fun while learning the sport of tennis!

Program Coordinator: Melanie Mimmo, x129, melanie.mimmo@town.barnstable.ma.us

WEEKEND PROGRAMS

Archery - 214200-A

Saturday **BIS** **\$65.00**

Sept 8th-Oct 13th **8:00am-9:00am** **Grades 4-7**

No Program Oct 6th

This five-week program will teach your child the proper techniques of archery. The program will consist of one week of safety/shooting technique and four weeks of target shooting. Participants must attend the first day of class to complete the safety training. Fee includes instructor training and access to equipment. **LIMITED TO 18 PARTICIPANTS.**

Program Coordinators:

Michelle Davies, x107, michelle.davies@town.barnstable.ma.us

Tim McGrath, x112, tim.mcgrath@town.barnstable.ma.us



AGES 16+ W/DISABILITIES PROGRAMS

Friday Night Social - Ages 16+

(Barnstable Residents)

Friday **Locations Vary** **\$75.00/Year**

July 6th, 2018-June 28th, 2019 **6:30pm-9:00pm**

**Locations and activities will be announced in a schedule sent to your home monthly.* This program was designed for people with developmental, cognitive, and or physical disabilities (ages 16 and up) looking for a venue to socialize. We go out to dinner, play mini golf, go to the movies, play bingo, watch plays, and so much more! If you are interested in a registration/information packet, please email: michelle.davies@town.barnstable.ma.us

Saturday Sunshine Program - Ages 16+

(Barnstable Residents)

Saturday **Locations Vary** **\$75.00/Year**

Sept 15th-June 8th **1pm-3pm** (time may change slightly, based on activity)

**Locations and activities will be announced in a schedule sent to your home monthly.* This program was designed for people with developmental, cognitive, and or physical disabilities (ages 16 and up) looking for a venue to socialize. We participate in the Special Olympic Bowling Qualifier and Invitational. We train every other weekend at Ryan Family Amusements in Hyannis. On alternating weekends, we go out to lunch, play mini golf, go to the movies, play bingo, watch plays, and much more! If you are interested in a registration/information packet, please email: michelle.davies@town.barnstable.ma.us



TODDLER / ADULT PROGRAMS

Miss Lori's Creative Movement Playgroup \$10/Child; \$8/Each Additional
Tuesdays **HYCC Gym** **9:30am-11:00am**

Ongoing - Beginning Sept 11th Until Dec 18th, 2018
 No Program Nov 6th



Help your child build confidence, coordination, and positive physical habits through ACTIVE PLAY!! Parents are encouraged to play along as well!

Youth Center Manager: Mark Boardley, x116, mark.boardley@town.barnstable.ma.us

Mommy Mixer Group

Wednesday **CRB** **FREE***

Sept 5th, 2018-June 26th, 2019

9:00am-11:00am

*Some activities may require a nominal fee.

New moms, experienced moms, and moms-to-be are all welcome to join us! Bring the little one(s) and enjoy a morning with other moms and babies talking (or babbling), sharing, and playing. Monthly schedules will be available with different activities each week. Who doesn't love a great mommy group? The Centerville playground will be available for moms with toddlers too! Check out our



Facebook page "Barnstable Rec MommyMixer" for updates and schedules! **Centerville Recreation Building, 524, Main Street, Centerville.**

Program Coordinator: Melanie Mimmo, x129, melanie.mimmo@town.barnstable.ma.us

SAVE TIME!

REGISTER FOR
 PROGRAMS ON LINE!
www.townofbarnstable.us



OPEN GYM PROGRAMS



Open Gym Volleyball

Sundays - Ongoing until Nov 25, 2018

\$5.00 Non-Members

FREE Members

High School - 4:30pm-6:30pm HYCC Gym **Grades 8-12**

This time is dedicated to **High School** aged children looking to play Volleyball every Sunday afternoon. Limit: 36 players, on two courts.

Adults - 7:00pm-9:00pm HYCC Gym **Ages 18+**

Come out and play, meet new people, and be active. This time is dedicated to **Adults** looking to play Volleyball every Sunday night. Limit: 36 players, on two courts.

Open Gym Basketball

Sundays - Ongoing until Nov 25, 2018

\$5.00 Non-Members

FREE Members

Adults - 12:00pm-2:00pm HYCC Gym **Ages 18+**

Come out and play, meet new people, and be active. This time is dedicated to **Adults** looking to play Basketball every Sunday night. Limit: 36 players, on two courts.



Youth Center Manager: Mark Boardley, x116, mark.boardley@town.barnstable.ma.us

ADULT PROGRAMS

Pickleball Lessons for Beginners - 214025-A

Tuesday & Thursday Osterville Tennis Courts

Sept 18th-Oct 4th

9:00am-10:00am

NEW!

Adults 18+

Resident - \$70.00

Non-Resident - \$140.00



NEW!! Pickleball is a paddle sport that combines elements of tennis, badminton, and ping-pong using a paddle and plastic ball with holes. Pickleball is one of the fastest growing sports for all ages/skill levels. This program will teach beginning players the basic skills that consist of proper stance, grip, footwork, and all strokes of the sport. The program will conclude with transferring all skills learned into practice games.

Assistant Recreation Director: John Gleason, x128, john.gleason@town.barnstable.ma.us

Pickleball Skills Development - 214026-A

Tuesday & Thursday Osterville Tennis Courts

Sept 18th-Oct 4th

10:15am-11:15am

NEW!

Adults 18+

Resident - \$70.00

Non-Resident - \$140.00

NEW!! This program will further teach intermediate players the skills of Pickleball. Players will learn different Pickleball shots and game strategy. The program will conclude with transferring all skills learned into practice games.

Assistant Recreation Director: John Gleason, x128, john.gleason@town.barnstable.ma.us

ADULT PROGRAMS

Indoor Pickleball - *Session 1: 8am-10am & Session 2: 10:15am-12:15pm*

Mondays & Wednesdays **HYCC Gym** **\$4 per session**

Oct 29, 2018-May 22, 2019 **See Times Above** **Adults 18+**

No Program Apr 29th and May 1st, 2019

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a wiffleball) and wood or composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. We will set up 4 courts per day, so come and meet new people and play this fun sport! 2 Sessions per day: 8am-10am & 10:15am-12:15pm. Advance session sign up must be made by contacting barnstablepickleball.com. Any questions, please contact: Mark Boardley, 508-790-6345, x116, or go to barnstablepickleball.com, as well.



Community Yoga - *Offered by Yoga Neighborhood*

Tuesday **HYCC Gym** **FREE**

Ongoing/Year-round **8:00am-9:00am** **Adults 18+**

No Program Sept 4th and Nov 6th

Come strengthen your Mind, Body, and Soul, all while relieving some of the stress in your life. Classes are taught by Cape Community Yoga and are free thanks to Cape Cod Healthcare. Bring your own mat or use one of ours.



Youth Center Manager: Mark Boardley, x116, mark.boardley@town.barnstable.ma.us

Chair-Supported Yoga - *Offered by Yoga Neighborhood*

Wednesday **HYCC Shepley Room** **FREE/Will Offering**

Ongoing/Year-round **10:00am-11:00am** **Adults 18+**

Chair-Supported Yoga is a pure and simple Hatha yoga class focused on stretching, improving balance, and building strength in a calm, supportive atmosphere. All of our poses and breathing will be done from a chair or standing, with the option of using a chair for just a bit of support. This is an ideal class for anyone who struggles getting up and down off the floor.

Youth Center Manager: Mark Boardley, x116, mark.boardley@town.barnstable.ma.us

Computer Lab and Game Room

\$20 Residents

Monday-Friday **HYCC** **\$40 Non-Residents**

Ongoing **9:00am-2:30pm** **Adults 18+**



Come and relive your younger years by playing Air Hockey, Pool, Ping Pong, and other games; or come in and get some work done in our computer lab. The Hyannis Youth & Community Center has opened its computer lab and game room doors to adults with a current HYCC membership card, Monday through Friday, 9am-2:30pm. Please check our monthly calendar, as we do not open on Barnstable School District's half days of school or days there is no school in the district. Stop by our front desk to sign up and get your membership today!

Youth Center Manager: Mark Boardley, x116, mark.boardley@town.barnstable.ma.us

LEARN TO SKATE POLICIES/FEES

HYCC SKATING SCHOOL SKATING CLINIC POLICIES

- Our Fall classes are 50 mins long and run for Eight Weeks unless otherwise noted.
- Figure skates with toe picks are strongly recommended for Figure Skating Clinic. This includes the TOT Program. Rink rental skates are **NOT** available for Clinic participants. They are not great skates to learn in. Invest in your own skates.
- Gloves and hats should be worn. Also, a heavy sweater or short jacket is recommended for better mobility.
- Helmets are required for all participants enrolled that are 6 years old and under. Helmets are also recommended for beginner level participants (Tots, Badge 1 & 2). Helmets with cages are strongly recommended for all hockey participants.
- Each Instructor will teach two badge levels within the 50 minute lesson. Sometimes there will be more than two badges taught. Each group will spend up to 25 mins with the Instructor. The other 25 mins will be used for participants to practice any of the skills. Parents should encourage their child to practice. Hockey Clinic structure will be different.
- Discipline is necessary on the ice at all times to ensure each participant gets the most from their lesson and practice session. Children must be able to listen and take direction.
- Parents will NOT be allowed near the lesson areas or on the ice at any time. Parents are asked to stay away from the glass and ice area so they do not attract the attention of the skaters. This will help prevent disruptions to the class.
- Attendance will be taken on the ice by the skating instructor during each class. If the child misses half of the classes, he/she will not be permitted to test. There are no exceptions to this rule. There are no make up classes.
- During show/exhibition rehearsals your child may only miss one rehearsal in order to participate.
- **IT IS VERY IMPORTANT THAT YOUR CHILD IS ON TIME FOR THEIR LESSON.**
- The Hyannis Youth & Community Center strongly urges parents to stay during their child's lesson. In case of an emergency, it is beneficial to have the parent/guardian present.
- If your child comes off the ice and is cold, please have him/her remain in the warming house for 5-10 minutes or until warm before sending them back onto the ice.
- It is recommended that the participants practice their skills outside of their lesson. This may be done during public skating sessions. Schedules are available monthly in the rink rental room.
- Any cancellations due to inclement weather will be announced on the local radio stations, on our Facebook page, and our website. Lessons that are cancelled by the Hyannis Youth & Community Center/HYCC SKATING SCHOOL will not be rescheduled.
- NO REFUNDS WILL BE ISSUED AFTER THE FIRST SCHEDULED LESSON.
- Instructors reserve the right to move a child to the appropriate level class.
- Children in Kindergarten or 5 years old should sign up for Badge 1.
- Any participant who has passed Badge 6 can sign up for any advanced class (unless otherwise noted). They may also sign up to be a Skating Assistant if they are in Grade 5 or higher but they MUST be a CURRENT LTS participant.

LEARN TO SKATE FEES AND USFSA MEMBERSHIP (unless otherwise noted)

\$106 Resident / \$116 Non-Resident without a current USFSA Membership

\$90 Resident / \$100 Non-Resident with current USFSA Membership

\$220 for Intro to Synchro .

\$90 plus USFSA memberships for each extra class - Create to sk8, Moves/Power, Artistry and Freestyle. Skaters taking these classes should look for info about the Cape Cod Skating Club and become members.

\$16 USFSA Membership fee IF you did not take 2017 Summer Learn to Skate you must pay for this **USFSA memberships are required by every participant and the valid dates are July 1st to June 30th.** USA Hockey and MA Hockey do not take the place of the USFSA membership.

MOVES IN THE FIELD AND POWER SKATE -pre-requisite basic 6 or higher - 235601-V**

Sept 29th—Nov 17th	Saturday 10:30-11:20pm	Butler Rink Ages 5+
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PRE FREESTYLE & FREESTYLE -pre-requisite must have passed basic 6 - 235601-I**

Sept 29th—Nov 17th	Saturday 11:20-12:10pm	Butler Rink Ages 5+
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SATURDAY YOGA WITH BRITTNEY—\$ 15.00 DRIOP IN FEE TO INSTRUCTOR

Sept 29th—Nov 17th	Saturday 12:10-12:40pm	Location TBD Ages 5+
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****Bring your yoga mat and Namaste with Brittney perfect class to participate in after Freestyle Class. 30 minutes.**

INTRO TO THEATRE ON ICE— **open to Badges 3-6 - 235601-S

Sept 29th—Nov 17th	Saturday 12:10-12:40pm	Butler Rink Ages 5+
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****Come see what Theatre on Ice is all about! Come tell a story on ice! Our very own Barnstable Blade Theatre on Ice team competed in the 2015 National Theatre Competition held here at the HYCC! A fun way to express yourself with your skating!**

*****participants in the Fall Session will perform in our annual HOLIDAY SKATING SHOW**

BASIC 3-6 - 235601-C-F

Sept 29th—Nov 17th	Saturday 12:40-1:30pm	Butler Rink Ages 5+
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SATURDAY TOTS CLASS— *1/2 hour class only please note start time & end time.**

Unassisted. Parents are not allowed on the ice. - 235601-1

Max 12 participants

Sept 23th—Nov 18th	Saturday 1:40-2:10pm	Butler Rink Ages 3 & 4
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BASIC 1-2 - 235601-A-B

Sept 29th—Nov 17th	Saturday 2:10-3:00pm	Butler Rink Ages 5+
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SATURDAY JUMP / SPIN CLASS -pre-requisite basic 5 & higher- 235601-04**

Sept 29th—Nov 17th	Saturday 3:00-3:50pm	Butler Rink Ages 5+
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****This 50 minute specialty class with Philip and Renee will teach participants correct body position and proper skating techniques that will help your over all skating. Participants will be off ice and on ice for this class.**

*******THE FOLLOWING TWO ADVANCED SKATING CLASSES ARE OPEN TO ANY SKATER WHO IS IN BASIC 6 OR HIGHER AND OTHERWISE NOTED.*******

THURSDAY CREATE TO SK8 — **PRE-REQUISITE currently in Basic 6 or higher -

235601— X	Thursday	Kennedy Rink
Sept 27th—Nov 15th		4:50-5:30pm

****This is a 40 minute class with Philip & Renee where focus will be on you and your creative side to skating.**

TUESDAY / THURSDAY SYNCHRO — **PRE-REQUISITE currently in Pre Freestyle or higher- 235601— 2

\$220.00

Sept 25th—Dec 6th	Tuesday 6:30-7:10 am	Kennedy / Butler Rink Ages 5+
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****This will be the competition team that will compete at the Cape Cod Classic Synchro Competition in December. Your class fess are for ice and instruction. All other registration fees, costumes, and team extras will be separate. Participants can not have passed USFS tests higher then Preliminary. Please contact Laura Kelliher for more information. **Min 8 Participants****

***Learn to Skate Questions: Laura Kelliher
laura.kelliher@town.barnstable.ma.us***

LEARN TO SKATE PROGRAMS



Weekday Tots Program - Participants must be 3 or 4 by the start of the program. This is an unassisted class; parents will not be allowed on the ice. Note: the class is 30 minutes. **Max 6 participants.**

Wednesday with Brittney: Sept 26th-Nov 14th Butler Rink
235601 - 4, 5 & O-Q 10:00-10:30am / 10:30-11:00am
12:00-12:30pm / 12:30-1:00pm / 1:00-1:30pm

Thursday with Renee: Sept 27th-Nov 15th Butler Rink
235601 - 6, 7 10:00-10:30am / 10:30-11:00am

****We will add extra classes if needed based on enrollment and instructors****

7th Annual Holiday Skating Show

Butler Rink

Saturday, December 1, 2018

12:00pm-2:00pm

CURRENT FALL LEARN TO SKATE PARTICIPANTS ONLY

- Practice times will be given out at the end of October.
- You must make two of the three practices to participate.
- This is a fun way to showcase what you have learned during the skating session.
- The practices are free. The cost is covered by your registration fees.
- The day of the event is free but donations are welcome to help offset costs.
- Annual coat & mitten drive – gently worn coats, new hats, mittens and scarves will be accepted.



Learn to Skate – Hockey- 235650-A

\$90 Resident/\$100 Non-Resident w/current USFSA Membership

Saturday \$106 Resident/\$116 Non-Resident w/o current USFSA Membership

Sept 29th-Nov 17th

9:20am-10:20am

Ages 5+

Our Learn to Play program will combine skating skills and learning to play skills. Participants will be learning at different stations each made for all skating levels. We will also have 20 minutes of game play during class. A nice 60 minutes of extra skating time for any farm level or mini-mite level Youth Hockey player. Full gear is required during game play. **Maximum of 30 participants.** **LTS Questions: Laura Kelliher, laura.kelliher@town.barnstable.ma.us**



Bruins Academy

Saturday Oct 20th, Oct 27th, Nov 3rd, & Nov 10th 8:20am-9:10am



We are teaming up again with Barnstable Youth Hockey Association, the Boston Bruins, and the Bruins Academy to bring a Learn to Play program to the HYCC. It's an affordable way for us to **introduce the game of hockey to the beginner level**. Please note that some sort of skating lessons are highly recommended before the start of this program. Skaters will need to be able to skate unassisted by the start of this program. **This program is designed for participants who have not participated in organized hockey programs before.** To register, please go to bostonbruins.com/learntoplay look for Barnstable Youth Hockey to register. The fee is \$100.00 and it includes all gear plus skates. **Maximum of 60 participants.**

Questions, please contact:

Laura Kelliher, laura.kelliher@town.barnstable.ma.us.

ONGOING SKATE PROGRAMS

Stick Practice

Please check website or call for times

Daily Fee: \$10/skater

Days/Times are subject to change

Take some time to sharpen your skills and play some pick-up hockey. Dedicated times are available for Adults (18+), Families (12 and under with an adult), Seniors (50+) and High School (Grades 8-12). Helmets are required and full gear is recommended.



Public Skating

Daily, subject to availability

\$7 Adults/\$5 Students/\$2 Seniors

\$5 Skate Rentals

Please check website or call for times

HYCC

All Ages

Open to the public. Public Skating is a great way to spend time together. We have rental skates (\$5 per pair) in Youth and Adult sizes. Ask about our frequent skater punch cards!

Stroller Skating

Monday & Friday, subject to availability

\$5 Adults/\$10 Family

Please check website or call for times

HYCC

All Ages



Introduce your little one to the wonderful world of ice skating and get a great workout, too! Strollers are required to participate in these sessions. Rental skates are available.

GLOSSARY OF SKATING TERMS

Stick Practice: Pick up hockey sessions that are open to the public. Days/times vary depending on type of session.

Public Skating: Open to the public. General admission skating is a great way to get some exercise and spend quality time together.

Stroller Skating: Open to the public. Parents and young children in strollers can skate on the ice together!

Walk-On Freestyle Ice: Open to certain levels of figure skaters to work on programs and moves in the field or freestyle elements.

Ongoing Skate Program Questions:

Joe Izzo, 508-790-6345, x103, joseph.izzo@town.barnstable.ma.us.

Website: <http://www.townofbarnstable.us/hycc>

Rock Nights

Fridays (dates listed below)

Butler Rink

7:00pm-8:30pm

\$5 Admission/\$5 Skate Rentals

Grades 6-7 ONLY

Rock Nights are back!

Come skate with your friends to music played by our in-house DJ! We will have contests and prizes each night.

Mark your calendars:

September 28, 2018

November 16, 2018

January 18, 2019

March 22, 2019



If you have any questions, please contact:

George Noonan: 508-790-6345, x127, or Laura Kelliher, laura.kelliher@town.barnstable.ma.us.

BARNSTABLE YOUTH COMMISSION

MEETINGS:
6:30 PM
2nd and 4th
Tuesday
Each Month
Sept. - June

VOICE OF THE YOUTH!
Join today and let your voice be heard!



The BARNSTABLE YOUTH COMMISSION is made possible through the guidance of the town of Barnstable's Community Services Department/Recreation Division. Meetings are held at the Hyannis Youth & Community Center, 141 Bassett Lane, Hyannis MA 02601. For more information call 508-790-6345.



HYCC
Hyannis Youth & Community Center

HYCC ANNUAL MEMBERSHIP

Walking Track ~ Gymnasium
Game Room ~ Computer Lab

Barnstable Resident: \$20/year Non-Resident: \$40/year. Day Passes: \$5
Family Memberships (based on four per household) Res: \$60 / Non: \$120



Have Your Birthday Party at the HYCC!

Whether you are turning three or ninety-three, the HYCC is a great place to have your Birthday Party! Let us take care of everything, from the space, to the activities (ice skating, basketball, volleyball, game room, more) to the food, and even the cake and ice cream. *Contact: Joe Izzo, 508-790-6345, x103, for more information about our affordable and fun Birthday Party Packages!!*

HYCC SPECIAL EVENTS (See Page 2 for more events!)



TOUCH-A-TRUCK
Sat., Sept. 22nd
11 AM - 1 PM
HYCC Parking Lot

There is nothing more that kids love than climbing in a big truck, sitting in a large seat, and reaching for the horn. Touch-A-Truck brings local businesses and the community together to climb, explore, and learn about vehicles that you see every day.

For more information please contact
George Noonan, 508-790-6345, x127
george.noonan@town.barnstable.ma.us



Halloween Carnival and Skate

Friday Night, October 26th

Carnival Games: 4:30-7PM
Skating: 5-6:20PM
Admission: \$ 5/per person
\$ 20/per family of 4
\$1.00 for 10 Carnival Game tickets

Prizes for best costume!
Presented by Cape Cod Skating Club
& HYCC Skating School ~ Contact: Laura Kelliher
laura.kelliher@town.barnstable.ms.us